HOW TO GET AN ‘A’ IN ANATOMY & PHYSIOLOGY 1 LAB

SPRING 2017
GET FAMILIAR WITH THE LAB—BEFORE LAB

- Look up terms you don’t know in lab book
- Print out unlabeled images that relate to the terms
- Color-code structures w/ highlighters or markers
- Label as many of the images as you can before lab!
  - Google images will become your best friend 😊
DURING LAB...

- LOCATE ANATOMICAL STRUCTURES AT LAB STATIONS WITH YOUR LABELED IMAGES
  - PICK UP, FEEL, AND PLAY AROUND WITH THE STRUCTURES!

- ASK LAB TA WHAT ABOUT THE STRUCTURES HE/SHE EXPECTS YOU TO KNOW FOR THE EXAM
– CONT’D...

• WORK WITH A PARTNER/FRIEND TO SHARE UNDERSTANDING OF STRUCTURES!

• LASTLY, TAKE PICTURES! MAKE VIDEOS OF YOUR TIME IN LAB!
AFTER LAB...

• REVIEW EVERYTHING
  • PICTURES, VIDEOS, SKETCHES FROM LAB
  • WATCH YOUTUBE VIDEOS

• PRACTICE, PRACTICE, PRACTICE
  • RE-LABEL UNLABELED STRUCTURES
    • CREATE POWERPOINTS OF STRUCTURES THAT YOU SHOULD KNOW
GET TO KNOW YOUR LAB TA

• CREATE A SCHEDULE OF THEIR OFFICE HOURS
  • HAVE YOUR QUESTIONS READY FOR THEM TO ANSWER
  • THEY ARE THERE TO HELP YOU!
TAKE ADVANTAGE OF OPEN LAB HOURS

• BRING ALL OF YOUR NOTES AND LABELED IMAGES
• TEST YOUR FRIENDS/LAB PARTNER
• ASK LAB TA MORE QUESTIONS!